

Mount Pleasant Mental Health Institute



Purpose

Mount Pleasant Mental Health Institute (MHI) is one of Iowa's four mental health institutes providing short term psychiatric or substance abuse treatment and care for severe symptoms of mental illness or substance use disorder. Mount Pleasant has 9 adult psychiatric beds, 19 dual diagnosis beds and 50 residential substance use disorder treatment beds.

Who Is Helped

Mount Pleasant provides adult inpatient psychiatric services, adult inpatient psychiatric and substance use disorder services, and an adult 30-day residential substance use disorder treatment service.

100 percent of the adult psychiatric, 76 percent of the dual diagnosis, and 79 percent of the substance use disorder patients were involuntarily admitted in SFY14.

Individuals who are involuntarily committed for psychiatric treatment have been determined by the court to be a danger to themselves or others because of their symptoms of mental illness.

In SFY14:

- 620 admissions
- 675 total served:
 - 21 adult acute psychiatric
 - 181 dual diagnosis
 - 473 substance abuse

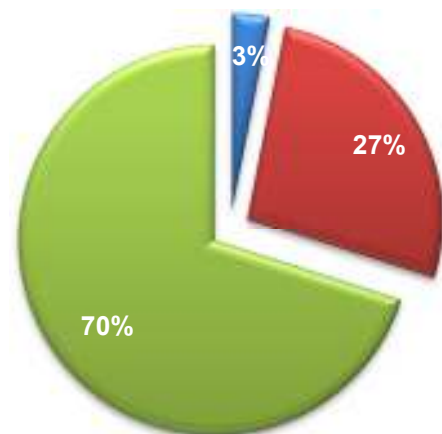
The average adult psychiatric patient is a 39-year-old male who is involuntarily admitted. The average length of stay is 86 days.

The average adult dual diagnosis patient is a 36-year-old male who is involuntarily admitted. The average length of stay is 30 days.

The average adult substance use disorder residential patient is a 32-year-old male old who is involuntarily admitted. The average length of stay is 29 days.

Number Served in SFY14

- Adult Acute (3%)
- Dual Diagnosis (27%)
- Substance Abuse (70%)



- ✓ *Mount Pleasant has a total of 9 adult psychiatric and 19 dual diagnosis or 3 percent of the 828 inpatient licensed community psychiatric beds in the state.*
- ✓ *Mount Pleasant served 2 percent of the total Mental Health Institute adult admissions in SFY14.*
- ✓ *Mount Pleasant has 50 beds (4 percent) of the total 1,236 general residential substance use disorder treatment beds in the state.*
- ✓ *The 30-day substance use disorder residential treatment program is a primary resource for court-ordered treatments and for offenders in the Community Based Correctional system.*

Services	<p>Adult Acute Psychiatric Services</p> <ul style="list-style-type: none">• 9 inpatient beds.• 24-hour treatment and mental health habilitation. <p>Dual Diagnosis Services</p> <ul style="list-style-type: none">• 19-bed dual diagnosis program is uniquely structured to integrate both psychiatric and substance use disorder treatment services. <p>30-Day Substance Use Disorder Residential Treatment Program</p> <ul style="list-style-type: none">• 50-bed residential unit.	<p>Adult Psychiatric Admissions</p> <table><tr><th>SFY</th><th>Admissions</th></tr><tr><td>SFY12</td><td>71</td></tr><tr><td>SFY13</td><td>80</td></tr><tr><td>SFY14</td><td>12</td></tr><tr><td>SFY15 est</td><td>68</td></tr><tr><td>SFY16 est</td><td>68</td></tr><tr><td>SFY17 est</td><td>68</td></tr></table> <p>Dual Diagnosis Admissions</p> <table><tr><th>SFY</th><th>Admissions</th></tr><tr><td>SFY12</td><td>197</td></tr><tr><td>SFY13</td><td>189</td></tr><tr><td>SFY14</td><td>167</td></tr><tr><td>SFY15 est</td><td>184</td></tr><tr><td>SFY16 est</td><td>184</td></tr><tr><td>SFY17 est</td><td>184</td></tr></table> <p>Substance Abuse Admissions</p> <table><tr><th>SFY</th><th>Admissions</th></tr><tr><td>SFY12</td><td>526</td></tr><tr><td>SFY13</td><td>489</td></tr><tr><td>SFY14</td><td>441</td></tr><tr><td>SFY15 est</td><td>498</td></tr><tr><td>SFY16 est</td><td>498</td></tr><tr><td>SFY17 est</td><td>498</td></tr></table>	SFY	Admissions	SFY12	71	SFY13	80	SFY14	12	SFY15 est	68	SFY16 est	68	SFY17 est	68	SFY	Admissions	SFY12	197	SFY13	189	SFY14	167	SFY15 est	184	SFY16 est	184	SFY17 est	184	SFY	Admissions	SFY12	526	SFY13	489	SFY14	441	SFY15 est	498	SFY16 est	498	SFY17 est	498
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	<ul style="list-style-type: none">✓ <i>The Mount Pleasant 30-day residential substance use disorder treatment program is licensed by the Department of Public Health.</i>✓ <i>44 percent (43 FTEs) of the staff are direct care, 35 percent (34 FTEs) are professional and treatment professionals, 5 percent (4.68 FTEs) are maintenance, 7 percent (7 FTEs) are other support staff, and 9 percent (9.4 FTEs) are administrative.</i>✓ <i>In SFY15, 86.3 percent of the Mount Pleasant MHI operating budget is for staffing costs and 13.7 percent is for the support costs.</i>✓ <i>7 MHI buildings on 152.24 acres for the joint campus</i>																																											
Goals & Strategies	<p>Goal: Promote Iowa’s Behavioral Health Status.</p> <p>Strategies:</p> <ul style="list-style-type: none">• Improve the level of functioning of individuals served.• Reduce the use of restraint and seclusion.• Provide quality discharge planning to reduce readmission rate.	<p>Results in SFY14:</p> <ul style="list-style-type: none">• 90 percent of adult psychiatric and 98 percent of dual diagnosis patients show improvement in ability to function as measured by the Global Assessment of Functioning (GAF).																																										

		<ul style="list-style-type: none"> • 8 minutes of restraint are used per 1,000 hours of dual diagnosis inpatient hours. • 53 minutes of restraint are used per 1,000 hours of adult psychiatric inpatient hours. • 100 percent of acute psychiatric adult patients are not readmitted within 30 days of discharge. • 73 percent of substance abuse clients successfully complete programs.
Cost of Services	<p>MHI per diems are defined in Iowa Code and based on cost of care in a calendar year. This means that SFY15 per diems are based on costs experienced January 1, 2013 through December 31, 2013.</p> <p>Daily per diem rate: Adult psychiatric, \$714 Dual diagnosis, \$714 30-day substance abuse, \$241</p> <p>Cost per episode of care: Adult psychiatric, \$36,131 Dual diagnosis, \$19,066 30-day substance abuse, \$6,139</p> <p>✓ <i>Mount Pleasant employee spending in the local economy induces \$3.87 million in output, which requires 41.7 jobs earning \$1.08 million in labor income. In all, MHI directly or indirectly supports \$14.97 million in output, \$10.14 million in value added, \$8.97 million in labor income, and 196 jobs. (Swenson, D. and Eathington, L., Iowa Mental Health Facility Economic, Fiscal, and Community Impact Analysis, 30 November 2009:18.)</i></p> <p>✓ <i>Mount Pleasant MHI is co-campused with a 914 bed prison and shares services with the Department of Corrections for maintenance and business office functions.</i></p>	
Funding Sources	<p>The Mount Pleasant Mental Health Institute is funded by state general funds and federal funds with a small amount of funding from other sources.</p> <p>The total budget for SFY16 is \$9,236,118:</p> <ul style="list-style-type: none"> • \$6,976,018 (75.5 percent) is state general fund. • \$1,220,100 (13.2 percent) is federal funding • \$1,040,000 (11.3 percent) is from other funding sources. 	<p>SFY16 Funding</p> <ul style="list-style-type: none"> ■ State General Fund (76%) ■ Federal (13%) ■ Other Funding (11%) <p>A 3D pie chart illustrating the funding sources for SFY16. The largest slice, representing 76%, is blue and labeled 'State General Fund (76%)'. A smaller red slice represents 13% and is labeled 'Federal (13%)'. The smallest slice, representing 11%, is green and labeled 'Other Funding (11%)'.</p>

	<ul style="list-style-type: none">✓ <i>Mount Pleasant receives an “upfront” appropriation from the general fund.</i>✓ <i>The adult psychiatric patient’s county of residence is required to pay 80 percent of the county capped per diem for those who are Medicaid eligible. Counties are billed the per diem minus any third party payments. County receipts are deposited in the state general fund.</i>✓ <i>The dual diagnosis patient’s county of residence is required to pay 50 percent of the actual per diem costs.</i>✓ <i>The substance abuse patient’s county of residence is required to pay 25 percent of the county capped per diem costs (based on a calendar year). County receipts are deposited in the state general fund.</i>																
SFY16 & SFY17 Budget Drivers	<p>The total SFY16 Mount Pleasant budget request reflects a \$194,365 (-2.8 percent) general fund decrease from the SFY15 Enacted Appropriation and Medical Assistance adjustment.</p> <p>The total SFY17 Mount Pleasant budget request reflects a \$155,868 (-2.2 percent) general fund decrease from the SFY15 Enacted Appropriation and Medical Assistance adjustment</p> <p>The key budget drivers of the SFY16 and SFY17 decrease are:</p> <ul style="list-style-type: none">• Reallocate State Employee Retirement Incentive Program (SERIP) funds to Medical Assistance.• Increased costs of food, pharmaceuticals, utilities, and other items is \$38,250 in SFY16 and \$38,497 in SFY17.• The total SFY16 budget reflects an overall \$194,365 decrease (-2.1 percent) from SFY15 and the total SFY17 budget reflects a \$155,868 (-1.6) decrease from SFY15. <div><p>Total Budget Funding Mix</p><table><caption>Total Budget Funding Mix (Millions)</caption><thead><tr><th>Fiscal Year</th><th>State General Funds</th><th>Federal Funds</th><th>Other Funds</th></tr></thead><tbody><tr><td>SFY15</td><td>~7.5</td><td>~1.5</td><td>~1.0</td></tr><tr><td>SFY16 est</td><td>~7.0</td><td>~1.5</td><td>~1.0</td></tr><tr><td>SFY17 est</td><td>~7.0</td><td>~1.5</td><td>~1.0</td></tr></tbody></table></div>	Fiscal Year	State General Funds	Federal Funds	Other Funds	SFY15	~7.5	~1.5	~1.0	SFY16 est	~7.0	~1.5	~1.0	SFY17 est	~7.0	~1.5	~1.0
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Legal Basis	<p>State:</p> <ul style="list-style-type: none">• Iowa Code, Chapters 125, 217, 218, 225C, 226, 229, 230, 812• Iowa Administrative Code, 441 IAC 28 and 29																